

# Ojai Yoga Therapy Retreat

Sherry Brouman PT, ERYT  
and Leslie Kazadi CYT, RYT

Halloween Weekend  
October 29<sup>th</sup> thru 31<sup>st</sup> 2010



Yoga practice is catapulted forward by a retreat. Join us on a delicious journey of therapeutic yoga and healing. We'll stay at an historic 54 acre estate, just up the road in Ojai and oh so far away. Enjoy all, or some of the six yoga classes, massage, meditation instruction with Leslie, a Sherry walking class including a hike, gourmet organic food, a wine tasting, night time music, and of course, Jack-O Lantern carving, so BYOP! (bring your own pumpkin!) This retreat will be reviving and unforgettable. Contact us for complete details.



Registration information: Prices range from \$600-\$800 per person depending on accommodations. Housing, meals, and six yoga classes are included. Massage and bodywork are available for an extra fee. There is a non-refundable deposit of \$300. Register by September 15<sup>th</sup>, 2010 and save \$100.

Contact Leslie at (213)308-5120, or Sherry at (310)446-6668